

As Your Wife I Feel Loved When...

After carefully reading each statement rate each section on a scale of 1 – 5
1 = never, 2 = seldom, 3 = sometimes, 4 = often, 5 = always

Write your score for each item to the left

Closeness: I feel a closeness with you (face to face and heart to heart) when you:

- hold my hand
- hug me
- are affectionate without sexual intentions.

Openness: I feel an openness with you (you are not secretly mad) when you:

- share your feelings
- tell me about your day and challenges
- talk without harshness, guardedness, or grunting.

Understanding: I feel you understand me (empathize with me) when you:

- listen to me (know when to give advice and not solve my problems)
- repeat back what I sometimes say so I know you're hearing me
- express appreciation for my contribution and roles saying, "I couldn't do your job."

Peacemaking: I feel at peace with you (issues are resolved) when you:

- admit you are wrong and apologize by saying "I am sorry" (a turn on to a woman)
- keep the relationship up to date, resolve the unresolved, and don't say, "forget it"
- pray together after a hurtful time.

Loyalty: I feel a loyalty from you (complete commitment) when you:

- don't look at other women
- speak only positive things about me before family and friends; no airing dirty laundry
- do not bring up the "D" word (Divorce) but are committed till death do us part

Esteem: I feel esteemed by you (treasured above others) when you:

- verbally support and honor me in front of the children
- praise me for what I do for you
- value my opinion in the gray areas; not wrong just different from you.

Rev. Emerson E. Eggerichs. Love and Respect Ministries Inc.
www.loveandrespect.com Copyright 01/02/03 Used by permission

Renewal Ministries of Colorado Springs
www.renewalcs.org 719.287.8023 gms@renewalcs.org