

## **19 Dangerous Behaviors Which Often Lead To An Affair**

1. Saving topics of conversation for your special friend.
2. Sharing spousal difficulties with a person of the opposite sex (*"My husband/wife always or never..."*).
3. Allowing the friend to share their relationship difficulties with you (*"My boyfriend/girlfriend/husband always..."*).
4. Anticipating seeing a person of the opposite sex more than your spouse.
5. Comparing a co-worker to your spouse (*"If only my spouse respected me or loved me like she/he does..."*).
6. Providing special treats for your secret friend.
7. Being more concerned for your friend's welfare than your spouse's (*"How did you sleep?"*).
8. Fantasizing about marrying another person.
9. Spending more time alone with this friend than your spouse.
10. Refusing your spouse full access to all your modes of communication - including e-mail, texts and phone messages.
11. Spending money on this person without your spouse's knowledge.
12. Upsetting your spouse over the relationship with the friend.
13. Lying in order to spend time with a co-worker.
14. Hiding your interactions with someone (*after work drink dates*).
15. Causing spousal arguments due to their justified anger or jealousy regarding the amount of time you spend away.
16. Developing rituals or any experiences anticipated by both parties (*routine coffee together, meeting at the water cooler*).
17. Experiencing a shiver when the special person shares their feelings or touches you.
18. Allowing sexual content in conversations with your secret friend.
19. Taking advantage of business trips or work projects to spend additional time with a co-worker or friend of the opposite sex.

Excerpts from the Focus on the Family broadcast "Friendship or Flirtation: Danger Signs for Couples" featuring Pastor Dave Carder, author of *Close Calls: What Adulterers Want You to Know about Protecting Your Marriage*.

Suggested reading - Hedges: Loving your Marriage Enough to Protect It by Jerry Jenkins

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