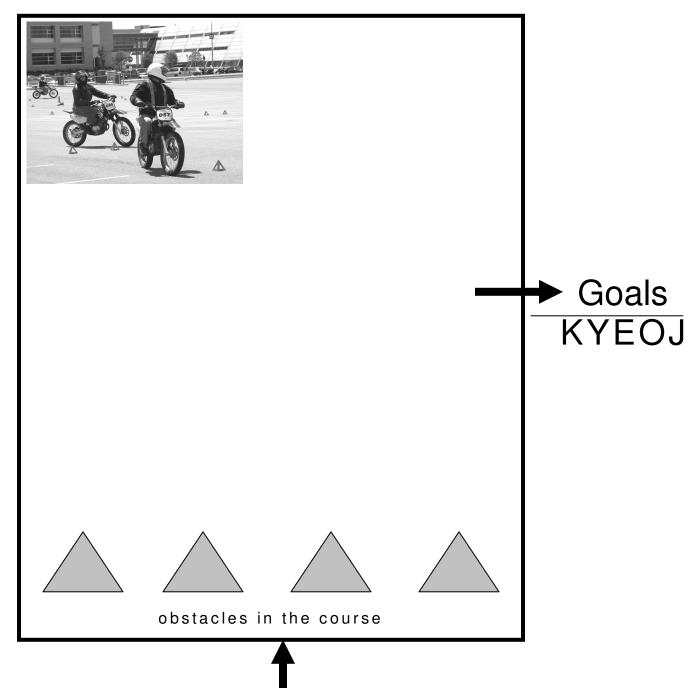
Isaiah 26:3 (AMP) You will guard him and keep him in perfect and constant peace whose mind [both its inclination and its character] is stayed on You, because he commits himself to You, leans on You, and hopes confidently in You.



You will hit what your focus on. To complete the course you need to see past the obstacles and concentrate on the goals.